

Juice

orange • apple • cranberry • grapefruit • lemonade • superfood
2.5/3

Banana-Blackberry Smoothie

bananas, blackberries, orange juice and honey blended with ice
3.5

Mexican Coke

2.5 quarter liter/3 half liter

Topo Chico

imported mineral water (mexico)
2

Arnold Palmer

passion fruit iced tea with lemonade
2.5

Grasshopper

organic pan fired green iced tea with lemonade
2.5

Can-tea-na

new zealand sunnyslopes iced tea with cranberry juice
2.5

Iced Tea

passion fruit • new zealand sunnyslopes • organic pan fired green
2.10/free refills

Orphan Hot Teas

2.5

Iced Coffee

1.80/.75 refills

Coffee Con Panna

house coffee with real whipped cream
2.5



Orphan (adapted from the term “orphan business”)

An orphan business is a small operating business unit, which does not integrate into a larger business sector. These are important businesses because they are often capable of providing a broad but well-defined approach to customer needs.

This term is also used to indicate businesses that are not authorized, supported or funded by a larger entity; not part of a system; isolated; lacking commercial sponsors or commercial sponsorship.

Orphan

breakfast house

3440 C Street
SACRAMENTO, CA 95816
916.442.7370

open 365 days a year
M-Th 8a to 2p • F-Su 8a to 3p

Bowl of Fruit
seasonal array of fresh fruit
4.5

G.F.Y.
house made granola, fresh fruit and yogurt
served with a drizzle of honey
5.95

Five Dollar Oatmeal
slow cooked whole rolled oats with warm apples prepared to order
garnished with raisins, almonds, honey and brown sugar

Muslix
our own blend of roasted grain cereal with almonds, raisins and
brown sugar served beneath a generous assortment of fresh fruit and
your choice of soy, non-fat or whole milk
5.25

Naked Cakes
three house made buttermilk pancakes
served with real maple syrup
6.95

Banana-Blackberry Pancakes
bananas and blackberries folded into three fresh buttermilk pancakes
served with real maple syrup and garnished with fresh fruit puree
8.95

Blueberry Cornmeal Pancakes
loads of fresh blueberries gently folded into three of our
house made cornmeal pancakes served with real maple syrup
garnished with fresh fruit puree
8.95

Orphan French Toast
house made fresh baked cinnamon bread dipped and grilled
to perfection served with real maple syrup
garnished with fresh fruit puree
8.95

Eggs LuLu
cream cheese, scallions and roma tomatoes scrambled with three
eggs served between a fresh baked croissant with a side of fresh fruit
11.5

Rosemary Breakfast
a generous portion of rosemary potatoes served with three eggs
and fresh baked rosemary bread
7.5

Roast Beef Hash
freshly marinated flat iron steak grilled with scallions and tomatoes
served atop a generous portion of rosemary potatoes with horseradish
cream sauce, fresh baked rosemary bread and two eggs made to order
11.95

Platas Verde
black beans and jack cheese layered between flour tortillas
served with eggs and topped with house made tomatillo sauce,
roma tomatoes, scallions, cilantro, sour cream and avocado
8.25

Zen Breakfast
brown rice and tofu grilled in our house made ginger-soy sauce
served with egg whites and steamed spinach
8.5

Soy Chorizo Breakfast
three eggs scrambled with soy chorizo and jack cheese
served atop crispy corn tortillas and black beans garnished with
roma tomatoes, sour cream, salsa, scallions, cilantro and avocado
8.5

Sides & Extras

side of eggs	2
side of egg whites	2.5
bacon(2/4)	1.5/2.5
pork sausage (2/4)	1.5/2.5
marinated grilled tofu	3
rosemary potatoes	3.5
flour tortillas (2)	1.5
rosemary bread	1.5
berry puree	.75
salsa	.50
sour cream	.50
multi-vitamin or American Spirit	.75
sub fruit, egg-whites, or tofu	2.00

Avocado Scramble
three eggs scrambled with avocado, jack cheese, roma tomatoes and
scallions served with rosemary potatoes and fresh baked rosemary bread
7.95

Artichoke Scramble
three eggs scrambled with artichoke hearts, jack cheese, scallions and roma
tomatoes served with rosemary potatoes and fresh baked rosemary bread
8.5

Pesto Scramble
three eggs scrambled with fresh basil pesto, jack cheese, roma tomatoes
and scallions served with grilled zucchini and a fresh spinach tortilla
8.5

Breakfast Burritos
fresh flour tortillas filled with eggs scrambled with jack cheese,
scallions and roma tomatoes, served aside black beans and fresh salsa
7.35

Grande Breakfast Burrito
rosemary potatoes, black beans and eggs scrambled with jack cheese,
scallions and roma tomatoes wrapped in a fresh flour tortilla
served with a side of fresh salsa
7

Latino Breakfast Quesadilla
fresh flour tortillas filled with jack cheese, scallions and roma tomatoes
and grilled to perfection, served aside rosemary potatoes and fresh salsa
7.25

Breakfast Tamales
house made sweet corn tamales served with eggs and black beans
garnished with jack cheese, sour cream, roma tomatoes, cilantro
then drenched in our house made tomatillo sauce
8.5

Papas Loco
rosemary potatoes grilled with jalapenos and scallions, topped with
black beans, jack cheese, fresh salsa, sour cream, avocado, cilantro
and roma tomatoes - served with fresh flour tortillas
8.25

Orphan ONLY accepts CASH or CHECKS
we offer an on-site ATM for your convenience